Practice D. Complete the passage with the correct form of the proper words
One of the most traditional ways to stay healthy in Europe has been to spend a few days at a
spa. A spa is a place1 a spring of hot water, and the water usually has specia
qualities to 2 certain illnesses. People 3 swim in it or even drinl
it—it may not taste very nice 4 it's meant to be good for you. Some of the mos
famous cities in Europe are spa towns, such as Bath in England, Evian and Vichy in France
and the city which gave its name to the hot springs, spa in Belgium. " Taking the waters" is
only one reason to5 in these towns. They also have elegant hotels, good food
and many other sporting or cultural activities which give the visitors a chance to relax
The cartoonist, Mao Xiaole, is very popular in China. He gets the1 for his funny
stories or characters by looking at websites for daily news and2 in China which
will make people3. Sometimes he draws as many as five4 in a
single morning. He has a camera with him all the time5_he uses to photograph
things he finds interesting. Then, when he starts a drawing of something, he can make sure
the details are correct.
III. Reading comprehension A
Jamie Oliver is a young cook who wants to improve school dinners. In 2005 he went back to
school to see what the children were eating.
1_{-}
Jamie asked the children what their meals were like. "We have hamburgers and chips or
pizza." They told him, "and sometimes there is fruit, but we prefer ice cream." Jamie
thought the menu was terrible. The children were eating junk food, and it was a problem.
Junk food isn't just bad for the body. Children whose midday meals were unhealthy were
difficult to teach in the afternoon. Teachers said that children behaved very badly after
lunch.
2
When Jamie took vegetables into class, the children didn't know what they were. Jamie
realized that the children didn't know about healthy food. Then he talked to the people who
worked in the kitchens. He found out that they didn't know enough about food and health
and they didn't have very much money to spend
3
He decided to teach the cooks and the children about healthy food. It was hard work! He
cooked healthy meals for them including meat, rice, pasta and vegetables, but a lot of the
teenagers refused to eat the new food. Jamie showed them why the junk food wasn't healthy
In the end, when Jamie persuaded them to try his cooking, they liked it!

train the cooks, educate the children and spend more money on school dinners. A lot of parents, teachers and children agreed with him. The newspapers wrote articles about him, and a TV programme showed his visits to the school. Jamie is a cook whose ideas are changing school dinners all over Britain.

- 1. Read the passage and match the headings with the paragraphs.
- A Getting things done
- B Improving school meals
- C What is healthy food?
- D what's on the menu?
- 2. Answer the following questions
- 1. Why did Jamie go back to school?
- 2. What did Jamie think of the school menu?
- 3. What caused the school dinner problem according to Jamie?
- . When Jamie changed the school menu, what did the children do?
- 5. Why did the newspapers write articles about Jamie
- 6. What's the best title of this passage?

В

Animals United

Animals United is a 3D German cartoon which is directed by Reinhard Klooss and Holger Tappe. It is a story about animals that get together to find water. Along their journey, lots of funny things happen, and of course, they have a lot of adventures.

The animals in the grasslands in Africa are waiting for the coming flood(洪水). However, this year's flood seems to come later than in other years. The animals become upset and worried. At the same time, some animals from other places come to the grasslands to look for peace. However, the situation seems worse because the water is becoming less and less. So they decide to look for the river. Finally, they find the reason why they don't have any water to drink. A dam(拦河坝) has been set up so that humans can have a better life. After a long fight with humans, they let the world know what animals are in danger.

This film is about environmental matters. The humans are the bad and the animals are the good. This film is to give humans a warning that they must not destroy the homes of animals or damage nature in order to improve their own life. Humans should know that animals also have their own world.

- 1. Where did the story of Animals United take place?
- 2. Why do the animals become worried?
- 3. What do the animals find along their journey to look for the river?
- 4. What are humans warned not to do?
- 5. What does the story of the cartoon film mainly tell us?

Jamie talked to the government. He told them they needed to ban junk food from schools,